



પરિપત્ર:

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટીની આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમ ચલાવતી તમામ સંલગ્ન કોલેજોનાં આચાર્યશ્રીઓને સવિનય જણાવવાનું કે આર્ટસ વિદ્યાશાખા હેઠળનો NEP-૨૦૨૦ અંતર્ગતનો હોમ-સાયન્સ વિષયનો (બી.એ હોમ-સાયન્સ વિથ ઓનર્સ) નો સેમેસ્ટર-૩ અને સેમેસ્ટર-૪ નો અભ્યાસક્રમ આ સાથે સામેલ છે.

માનનીય કુલપતિશ્રીની મંજૂરી અનુસાર સદર અભ્યાસક્રમ શૈક્ષણિક વર્ષ જુન, ૨૦૨૪ થી અમલવારી કરવાની રહે છે. આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમ ચલાવતી તમામ સંલગ્ન કોલેજો ધ્વારા તેની અમલવારી કરવા જણાવવામાં આવે છે.



Handwritten signature
21/06/2024
ખાસ ફરજ પરના અધિકારી
(એકેડેમિક)

ક્રમાંક/બીકેએનએમયુ/ એકેડેમિક/૭૩૯/૨૦૨૪

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી,

સરકારી પોલીટેકનિક કેમ્પસ,

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી રોડ,

ખડીયા, જૂનાગઢ-૩૬૨૨૬૩

તા.૨૧/૦૬/૨૦૨૪

પ્રતિ,

- ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી સંલગ્ન આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમો ચલાવતી તમામ કોલેજોના આચાર્યશ્રીઓ તરફ....

નકલ સાદર રવાના:-

- માન.કુલપતિશ્રી/કુલસચિવશ્રીનાં અંગત સચિવશ્રી.
- પરીક્ષા નિયામકશ્રી, ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી, જૂનાગઢ

નકલ રવાના જાણ તથા યોગ્ય કાર્યવાહી અર્થે:

- સીસ્ટમ મેનેજરશ્રી, આઈ.ટી.સેલ વિભાગ (વેબસાઇટ ઉપર પ્રસિદ્ધ થવા અર્થે.)



**BHAKTA KAVI NARSINH MEHTA UNIVERSITY
JUNAGADH**



BOARD OF HOME SCIENCE STUDIES
FACULTY OF ARTS
SYLLABUS FOR
B.A. HOME SCIENCE (HONOURS) PROGRAMME
(SEMESTER- III & IV)
MAJOR/MINOR/MULTIDISCIPLINARY
EFFECTIVE FROM JUNE, 2024

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

SEMESTER-III
SUMMARY OF THE SYLLABUS

SN	Category of Course	Course Title	Course Level	Credit	Teaching Hours	SEE Marks	CCE Marks	Total Marks	Exam Time
1	Major- 5	Meal Planning	5.0	3+1	5	50	50	100	2:00
2	Major- 6	Introduction to Clothing	5.0	3+1	5	50	50	100	2:00
3	Major- 7	Family and Community Health	5.0	3+1	5	50	50	100	2:00
4	MDC- 3	Extension education	5.0	3+1	5	50	50	100	2:00
Total				16					

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

SEMESTER-IV
SUMMARY OF THE SYLLABUS

SN	Category of Course	Course Title	Course Level	Credit	Teaching Hours	SEE Marks	CCE Marks	Total Marks	Exam Time
1	Major -8	Food Preservation and Packaging	5.0	3+1	5	50	50	100	2 :00
2	Major - 9	Textile Process	5.0	3+1	5	50	50	100	2 :00
3	Major - 10	Heath and Nursing	5.0	3+1	5	50	50	100	2 :00
4	Minor – 3	Health & Hygiene	5.0	3+1	5	50	50	100	2 :00
Total				16					

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

SEMESTER-III

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	III	Practical Internal	25
Category of Course	Major-05	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	DSCM-05	Exam Duration	2:00
Course Title	Meal Planning		

Objectives: This course will enable the student to

- Understand the concept of an adequate diet and the importance of Meal Planning.
- Know the factors affecting the nutrient needs during the special condition like pregnancy and Lactation.

Theory:

Unit	Title	Hours
Unit - I	Meal Management - Meaning. - Definition. - Importance. Factors Which should be considered before planning meals.	15
Unit – II	Nutrition and Meal planning during special condition. - Pregnancy. - Lactation.	15
Unit - III	Nutrition and Meal Planning for Adolescent Girl. - Old age. - Sports man. - Industrial workers.	15
Unit - IV	Food Budgeting - Factors Including food budgeting. - Economy in food budgeting. - Preparation of food budgp	15

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Practical:

Sr.No	Title	Teaching Hours
1	Meal Planning for pregnant women.	15 Hours
2	Meal planning for lactating Mother	
3	Meal planning for old age women	

References Books:

1. Nutritional Management in health & Disease. Heena Shah and Daxa Solanki – Rajkot
2. Human nutrition and Diet – Arid son Molke, Johan and Fassmare.
3. Essentials of Food and nutrition – Swaminathan M. S. 1985.
4. Poshan evam Ahar Vigyan – Dr. G. P. Sherry.

Web Reference:

1. <http://wiki-answers.com/q/whatismealmanagement>
2. en-wikipedia.org/wiki/mealmanagement
3. www.google.com/schoolgoingchildren
4. www.google.com/nutritionforadolesentgirl

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.

Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam : 2.30 Hours

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	III	Practical Internal	25
Category of Course	Major-06	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	DSCM-06	Exam Duration	2:00
Course Title	Introduction to Clothing		

Objectives:

- To enable student to acquaint with the different textile and their Performance.
- Impart knowledge on different textile finishes.

Theory:

Unit	Title	Hours
Unit - I	Introduction of clothing Textiles	15
Unit – II	Classification of fibers Manufacture and properties of – (a) Cotton (b) Silk (c) Rayon (d) Wool	15
Unit - III	Yarn construction – meaning and types of yarn.	15
Unit - IV	Weaves (a) Meaning and types of weaves. (b) Simple weaves and fancy weaves.	15

Practical:

Sr.No	Title	Teaching Hours
1	Identification test of textile fibers.	15 Hours
2	Simple Weaves.	
3	Faney Weaves.	

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

References Books:

1. Textile and laundry works – Anand Sharma, Research Publication New Delhi
2. Textile & clothing – Niraj yadav, sanity Prakashan.
3. Vastra Vigyan ke mul Sidhdhant – Dr. Sheri.
4. Vastra Vigyan avm Dhulay kala – Dr. Smt Bela Bhargav
5. Vastra Vigyan ke Tatva – Dr. Asha Jain 7 Dr. Nilima Malaiya, Agra

Web Reference:

1. <http://wiki-answers.com/q/whatismealmanagement>
2. en-wikipedia.org/wiki/mealmanagement
3. www.google.com/schoolgoingchildren
4. www.google.com/nutritionforadolesentgirl

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.
Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam : 2.30 Hours

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	III	Practical Internal	25
Category of Course	Major-07	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	DSCM-07	Exam Duration	2:00
Course Title	Family And Community Health		

Objectives:

1. Understand the concept of health from the individual and community perspective.
2. Understand the role of National and international organization in community.

Theory:

Unit	Title	Hours	
Unit – I	Family – Meaning, Definition and Importance. Community Health – Meaning and definition. Factor affecting on community health.	15	
Unit – II	Care of sick person at home - Daily care, bed making, care of month bed (sponging) giving medicine protection of patient and nurse.	15	
Unit - III	National & International organization working for community health	15	
	National		International
	Indian Red Cross Society		WHO
	UNICEF in India		UNICEF
	ICDS		UNESCO
	Hindu Kushth Nivaran Sangh		UNO
Unit - IV	Current dangerous diseases : - Swine flu, dengue, cancer, AIDS and T.B.	15	

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Practical:

Sr.No	Title	Teaching Hours
1	Food of patient - Liquid Diet - Semi Liquid Diet - Soft Diet	15 Hours
2	Bed Making	
3	Bandages	

References Books:

1. Community Health and Family Welfare. – Dr. R.L. Sharma.
2. Community Health Science. – Dr.J.I. Park & Dr. K, Park.
3. Public Health – Daniel M Wilner.

Web Reference:

1. www.google.com= communityhealth.
2. [http://www.treatment .org](http://www.treatment.org).

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.
Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam: 2.30 Hours

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	III	Practical Internal	25
Category of Course	MD/ID-03	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	MDC-03	Exam Duration	2:00
Course Title	Extension Education		

Objectives: To Enable Students to

- Understand the Widening Concept of Extension.
- Be Aware of the Extension Models in Practice and their Scope in Facilitating Development.
- Feel Strongly for the People Without Power and influence them to become Partners in Developing Project and Programs.

Theory:

	Title				Hours
Unit – I	Principals – Philosophy and Aims of Education Extension. Definition, Meaning, Importance, and method of Home Science Education and Extension.				15
Unit – II	Quality of Home Science Extension Worker.				15
Unit - III	(A) Characteristics Of Urban Society.		(B) Characteristics Of Rural Society.		15
	1	Society Varieties.	1	Dominance of close Relationships.	
	2	Fabricated Relation Among Formal Groups.	2	Effect of Main Business on life.	
	3	Lack of Social Tolerance.	3	Lack of Experience & Specification.	
	4	Lack of Social Control.	4	Simplicity and Economy.	
	5	Social Mobility	5	Small Group.	

Subject: Home Science					
	6	Voluntary Groups.	6	Less Difference.	
	7	Opportunity for Specialized Personality Development.	7	Lack of Social Mobility.	
	8	Sectorization of Areas.	8		
Unit - IV	➤ Role of Various Agencies in Rural Prosperity. Rural Welfare Agencies (1) Sahakari Mandali. (2) Mahila Mandal (3) Youth Club (4) Panchayat ➤ Community Development Plan and Home Science Education.				15

Practical:

Sr.No	Title	Teaching Hours
1	Prepare a dish for low cost and high nutritive value	15 Hours
2	Prepare a waste from best Sample for Rural Women.	
3	Prepare Embroidery work for Rural Women. (A) Simple Embroidery Work Sample (B) Kashmiri Embroidery Work Sample.	

References Books:

1. Prof. Dhiraj Dhakan – 1998 – Vistaran Shikhnana Multatvo.
2. Dr. Bela Bhargav – 2002 – Parivarik Swastya and Samajik Kalyan.
3. Prof. A.G. Shah – 1970 – Samaj Shastra.
4. Prof. Mahendra Kumar J Rao – 1966 – Bharatni Samajik Sanshtha.
5. Prof. Jagdish K Dace – 1974 – Samajik Shastrano Parichaya.
6. Rogers, Alan – 1989 – Teaching Methods in extension education for development, Westwood Row England – Woodman's.
7. Reddy A. 1947 – Extension Education, Bapatia, India, Shree Lakshmi Press.
8. WHO - 1988 – Education for health, Geneva, Switzerland, world health Organization.
9. Oakley, Pater and David, Marsden (1984) – Approaches to Participation in Rural Development Geneva, International Labor Office.

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Web Reference:

1. www.scribd.com/...../extension-educationmeaning-scope
2. www.india.gov.in/government
3. www.hesco-in/rural.php
4. en.wikipedia.org/wiki/socialdevelopmenttheory

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.

Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
		Total Marks	50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam: 2.30 Hours

SEMESTER - IV

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	IV	Practical Internal	25
Category of Course	Major-08	Practical External	-
Course Credit	3+1	Prac.External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	DSCM-08	Exam Duration	2:00
Course Title	Food Preservation & Packaging		

Objectives: This course Should enable the student to

1. Understand the Principles and Importance of food Preservation.
2. To gain knowledge on Various food Packing Materials and its Importance.

Theory:

Unit	Title	Hours
Unit - I	Food Preservation. - Meaning. - Definition. - Importance.	15
Unit – II	Principal of food Preservation.	15
Unit - III	Methods of food Packaging. - Canning, Bottling. - Dehydration. - Freezing.	15
Unit - IV	Food Packaging - Meaning - Types. - Importance. - Selecting Criteria of Packaging Materials. Food Spoilage.	15

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Practical:

Sr.No	Title	Teaching Hours
1	Jam	15 Hours
2	Pickles	
3	Tomato Ketchup	

References Books:

1. Food Preservation and Fancy Cookery
Prof. Kamalamani R. Rao and Prof. Heena S. Rawal.
2. “ Food Processing and Preservation”
G. Subbulaxmi – Shobha A. Udipt.
3. Fal Shakbhaji Parikshan Margdarshika Bagayat Khatu
Gujarat Rajya – Gandhinagar.

Web Reference:

1. <http://www.dummies.com/how.to/content/foodpreservation-method-canning>
2. <http://en.wikipedia.org/wiki/foodpreservation>
3. <http://wiki-answers.com/Q/whataretheaimsandobjectivesofcookingforfood>
4. <http://www.cookeryindia.com/students/fp/cooking1.html>

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.

Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam: 2.30 Hours

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	IV	Practical Internal	25
Category of Course	Major-09	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	DSCM-09	Exam Duration	2:00
Course Title	Textile Process		

Objectives: Impart Knowledge on different Textile Finishes.

Theory:

Unit	Title	Hours
Unit - I	Dyes. - Meaning and Types of dyes. Printing - Meaning and Types Printing.	15
Unit - II	Bleaching - Meaning and Types of Bleaching. - Starch Methods of Different Types of Clothes. - Dry-cleaning	15
Unit – III	Stain Removal Technique. - Stain Removal Different Types of Clothing. - Patch. - Renovation. - Alteration.	15
Unit – IV	Laundry Work & Washing Work - Laundry Work & Washing Work - Care of Different Clothes.	15

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Practical:

Sr.No	Title	Teaching Hours
1	Simple dyeing (Bandhani)	15 Hours
2	Remove Different Types of Stain (any six)	
3	Types of Printing (semple) (a) Block Printing (b) Hand Printing (c) Vegetal Printing	

References Books:

1. Introduction to clothing – Vina Samani and others Rajkot.
2. Dress Designing – Vina Samani and Others Rajkot.
3. Art of sewing – Anna Jacob, UBS PD, New Delhi.
4. Vastra Vigyan ke mul Shidhdhant – Dr. G. P. Shery.
5. Vastra Vigyan Aur Dhulai Kala'' – Bela Bhargav – Uni Book House – Jaipur.
6. Shivan Margdrashika – Mirmala Mishtry

Web Reference:

1. Em.wikipedia.org/wiki/clothing
2. www.google.com/sewingmachine
3. www.manojpublications.com

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.
Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam: 2.30 Hours

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	IV	Practical Internal	25
Category of Course	Major-10	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	DSCM-10	Exam Duration	2:00
Course Title	Health & Nursing		

Objectives:

1. To learn about the importance of health
2. Providing basic information about the first aid.

Theory:

Unit	Title	Hours
Unit – I	Introduction of Health and Nursing. - Definition. - Meaning. - Importance. Characteristics of ideal nurse.	15
Unit – II	Meaning of first Aid. Importance of first Aid. Scope of first Aid. Aims/objective of first Aid.	15
Unit - III	The Common Rules of first Aid. - Special Duties of Family Members - Suggestion for the Hospital Admitted Patients. - Things to be Considered Before Consulting th Doctor.	15
Unit - IV	First Aid in some Accidental Condition. - Snake Bite. - Sinking. - Burning. - Nose Bleeds. - Burning and Scalding.	15

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Practical:

Sr.No	Title	Teaching Hours
1	First Aid	15 Hours
2	Use of Thermometer	
3	Use of B. P. Instrument	

References Books:

1. “Sankramak Rogo” – Prem lata Trivedi.
2. “Rogo And Aahar” – Darshana Anjaria.
3. The A – 2 of First Aid. – Ian Andrews Blize Edition.
4. Community Health & Family Welfare – Dr. R. L. Sharma.
5. Public Health – Danial M Wilner Walkern & Goer Keitvouta.
6. Community Health Science – Dr. J. I. Park & Dr. K. Park.

Web Reference:

1. www.google.com//definationhealth.
2. <http://medicaldictionary.thefreedictionary.comcommunity+health+nursing>
3. <http://www.ask.com/question.about.importanceoffirstaid>.
4. <http://www.wf.net/snake/firsbite.html>

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.

Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam: 2.30 Hours.

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Course Level	5.0	Internal Marks	25
Programme	B.A Home Science	External Marks	50
Semester	IV	Practical Internal	25
Category of Course	Minor-03	Practical External	-
Course Credit	3+1	Prac. External Exam Duration	-
Teaching Hours	75	Total	100
Course Code	MI-03	Exam Duration	2:00
Course Title	Health & Hygiene		

Objectives:

1. To learn about the importance of health
2. Providing basic information about the first aid.

Theory:

Unit	Title	Hours
Unit – I	Introduction of Health & hygiene. - Detrinition - Concept of Health - Dimensions of Health Nutritional Planning in Common illnesses. - Diarrhoea - Constipation - Fever (Typhoid, T.B.) Weight Management – Obesity, underweight	15
Unit – II	Meaning of first Aid. Importance of first Aid. Scope of first Aid. Aims/objective of first Aid.	15
Unit - III	The Common Rules of first Aid. - Special Duties of Family Members - Suggestion for the Hospital Admitted Patients. - Things to be Considered Before Consulting th Doctor.	15
Unit - IV	First Aid in some Accidental Condition. - Snake Bite. - Sinking. - Burning. - Nose Bleeds. - Burning and Scalding.	15

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

Practical:

Sr.No	Title	Teaching Hours
1	First Aid	15 Hours
2	Use of Thermometer	
3	Use of B. P. Instrument	

References Books:

1. “Sankramak Rogo” – Prem lata Trivedi.
2. “Rogo And Aahar” – Darshana Anjaria.
3. The A – 2 of First Aid. – Ian Andrews Blize Edition.
4. Community Health & Family Welfare – Dr. R. L. Sharma.
5. Public Health – Danial M Wilner Walkern & Goer Keitvouta.
6. Community Health Science – Dr. J. I. Park & Dr. K. Park.

Web Reference:

1. www.google.com//definationhealth.
2. <http://medicaldictionary.thefreedictionary.comcommunity+health+nursing>.
3. <http://www.ask.com/question.about.importanceoffirstaid>.
4. <http://www.wf.net/snake/firsbite.html>

INTERNAL EVALUATION SCHEME		
No	Particulars	Marks
1	Practical Exam/ Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self – test / Online test	05
6	Essay / Article writing	05
7	Quizzes / Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Report Writing	05
11	Research/ Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05

BHAKTA KAVI NARSINH MEHTA UNIVERSITY
Major/Minor/Multidisciplinary
Syllabus of B.A.(Honors) as per NEP-2020
Faculty of Arts
Effective from June 2024
Subject: Home Science

18	Interview	05
19	Craft work	05
20	Co – curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
Total		50

Note: Sr. No. 1 is mandatory. Select any five from Sr. No. 2 to 24.

Each Contains five marks. Student should secure 18 Marks for passing in internal exam.

Paper Style:

In the paper with practical work, the external marks divided.

Marking scheme for External Examination = 50 Marks

Ques. No.	Particulars	From which Unit	Marks
1	Long Question	1	10
2	Long Question	2	10
3	Long Question	3	10
4	Long Question	4	10
5	Short Note	From Any Unit	10
Total Marks			50

❖ **Marking scheme for practical Exam = 25 Marks**

1	Journal Work	05 Marks
2	Practical	15 Marks
3	Viva	05 Marks

Duration of Practical Exam: 2.30 Hours